

2018



ATLANTIC COAST CHALLENGE

78.6 miles 3 days 2 feet

The Challenge

ULTRA-ENDURANCE RUN

Held over three days, covering 78.6 miles. **That's three marathons, in three days.** Wild and rugged, steep climbs and descents that test concentration as well as strength. The course follows the South West Coast path for the entire distance.



THE CHARITY

This year I am running in support of **Children with Cancer UK**. Children with Cancer UK actively raise and invest money for vital specialist research with the aim to save the lives of every child with cancer and keep their family together. The vision is a world where every child diagnosed with cancer gets to their end of cancer treatment bell.

The charity currently funds more than 60 research projects at 'centres of excellence' around the UK. These projects are investigating a broad range of childhood cancers - helping to better understand these diseases and to find more effective, less toxic ways of treating them. Through investment in research, it is taking forward our understanding of childhood cancer, to give new insights into ways of treating young patients with even the most difficult forms of cancer. The charity is working to drive up the survival rate still further by developing more effective curative therapies with fewer toxic side effects.

HOW TO DONATE

www.justgiving.com/fundraising/gazrunstheacc



Donating through my Just Giving page is quick, easily and totally secure. It's also the most efficient way to sponsor me: Children with Cancer UK will receive your money faster and, if you're a UK taxpayer, Just Giving enables Gift Aid to be added to your donation.

Your support for this event is greatly appreciated,

Gaz

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